



thompson

3-5 years

## Incredible Years®

Incredible Years® Preschool Class is a parenting program designed to support parents help their children ages 3-5 years grow and learn.

**In person once a week for 14 weeks**

Meals and incentives provided

### **This Class:**

The Incredible Years® Preschool Class strengthens parent-child interactions and attachment, reduces harsh discipline, and fosters parent's ability to promote children's social and emotional development. It supports parents to set up routines, enforce rules, and learn positive discipline strategies to handle misbehavior. The program prepares for children's journey through school with both educational and social skills.