

## short-term crisis stabilization program (CSP)

meeting the needs of children in crisis to transition back to community-based care

### overview

A program to provide short-term residential care, stabilization, and assessment services to youth experiencing crisis and in need of immediate placement. These children are typically involved in the child welfare system, have few natural supports, and are without a place to live.

Thompson is well equipped to provide residential care within our safe, supportive living environment at our Matthews and Fayetteville, NC campuses, while the child is stabilized, treatment plans assessed, and long term placements are solidified.

### goals

- Short-term residential care and therapy with transition to long-term placement
- Simplified referral and admission process, expanding to after business hours
- Intake assessments to ensure timely mental health treatment/services to help stabilize the child

### outcomes

\*FY2023/2024



91%

youth satisfaction



92%

of youth avoided psychiatric treatment



79%

of youth are successfully discharged



### how we serve

- Youth guided therapy – giving youth a voice in their treatment.
- Primary clinical models utilized within the program are CBT (Cognitive Behavioral Therapy), Solution-Focused Therapy, and Person-Centered Therapy.
- CARE (Children and Residential Experiences) Model: developmentally focused, family involved, relationship-based, competence-centered, trauma-informed, and ecologically oriented.
- Access to robust services, such as Person-Centered Treatment Plans and linkage to appropriate long-term treatment.

### who we serve

- Youth ages 10-17 years old
- Youth currently involved in the child welfare system
- Youth in crisis with need of immediate placement
- Capacity to serve up to 30 youth at any one time
- Serves children from all over North Carolina