



enhanced residential treatment center (ERTC)

residential treatment with improved outcomes and reduced recidivity

overview

The Enhanced Residential Treatment Center (ERTC) prioritizes family functioning and aftercare to prevent repeat stays for youth with significant behavioral health challenges. ERTC provides a shorter stay (up to 120 days) for youth and provides families with the skills needed for a successful reunification and to support the youth in their home environment.

Enhancements in discharge planning will include Family Centered Treatment (FCT) and High-Fidelity Wraparound (HFW) services.

goals

- Increased family engagement and participation in services and treatment
- Decreased severity of problematic behavior
- Increased youth mental health functioning
- Improved family functioning
- Increased stability

outcomes

*FY2023/2024



91%

of clients avoided new legal charges or CPS involvement



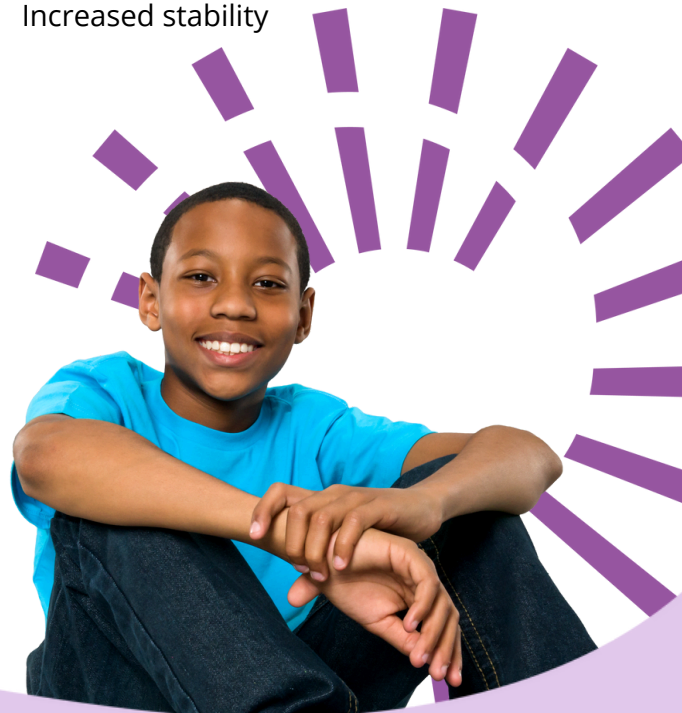
84%

of youth showed mental health gains



90%

of youth discharged home/lower level of care



how we serve

Shorter (up to 120 days) residential stays with enhanced discharge support.

- 24/7 nursing and support staff
- Individual, group, and family therapy
- CARE Program Model, Therapeutic Crisis Intervention
- Family Support Partners advocate for the family
- Licensed clinicians trained in Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), & Family Centered Treatment (FCT)
- Treatment team works alongside the Family Centered Treatment team, High Fidelity Wraparound team, and the youth's family to ensure they are prepared and equipped for discharge to ensure positive outcomes.

who we serve

- Adolescents ages 11 to 17 - often highly traumatized youth
- Youth struggling with behavioral disorders or in need of added support