



Endemic Problem:

Child welfare youth who have experienced trauma and complex mental health symptoms need stability to heal. When they experience repeated environmental, relationship, and placement instability, youth and their caregivers suffer further trauma.

Solution:

Thompson is committed to turning the tide. A Nationally Accredited and trauma-informed organization, Thompson pioneered an intensive wraparound model serving both youth in residential treatment and their family. Enhanced Residential Treatment (ERTC) prioritizes stability for youth and their family, resulting in less repeat stays for youth with significant behavioral health challenges. By starting families with High-Fidelity Wraparound and/or Family Centered Treatment while the youth is in residential care and continuing services in aftercare, both caregivers and youth are set up for successful home environment reunification through skills learned for balanced mental health.

Overview:

- Serves youth ages 11-17 years of age
- Round-the-clock nursing and support staff for 6 youth per facility
- 1:2 staff to client ratio
- CARE Program Model & Therapeutic Crisis Intervention
- Educational Support for IEPs
- Family Support Partners as advocates for the family
- Psychiatric and recreation therapy
- Individual, group, and family therapy includes Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), & Family Centered Treatment (FCT)
- Multidisciplinary treatment team planning
- Comprehensive psychological evaluations at discharge
- Continuity of services in aftercare

Expected Outcomes:

- Increased family engagement and participation in services and treatment
- Decreased severity of problematic behavior
- Increased youth mental health functioning
- Improved family functioning
- Increased stability

What is Family Centered Treatment (FCT)?

An evidence-based & home-based treatment modality that assists in stabilizing youth & families who have experienced trauma, and those experiencing complex mental health symptoms.

FCT Outcomes*:

Successful Engagement
96%
of all families referred have more than 5 direct contacts with their FCT clinician.

Keeping Families Together
90%
of families completing treatment maintain, or are reunified to family placement.

Treatment Goals
91%
of families report positive progress towards their primary treatment goals.

*reflect admission policies that accept 98% of all referrals

What is High-Fidelity Wraparound (HFW)?

An evidence-based model that helps empower youth & families to find their voice and develop the skills necessary to successfully navigate systems like juvenile justice, child welfare, & school systems.

Support Timeline:

