

## Multi-Systemic Therapy (MST)



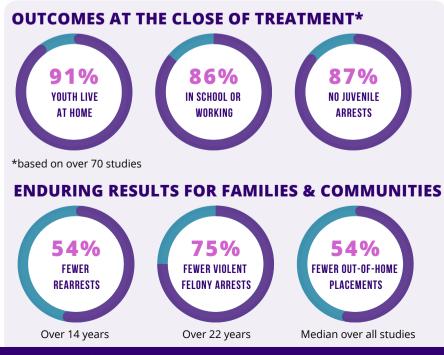
This evidence-based therapy is based upon the fact that a child's severe behavioral problems are often due to multiple factors, and multiple therapies and approaches are used simultaneously to resolve them.

## **PROGRAM CRITERIA**

- Youth ages 12-17 years old, and their families, with high risk, antisocial behavioral and emotional problems that are at-risk of out-of-home placement
- Court involved youth

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• Short-term, intensive program typically lasting 3-5 months, with 24/7 support



## **PROGRAM FEATURES**

- Counselors typically work closely with the youth, their family, teachers, neighbors, extended family, even members of the child's peer group
- Therapy focuses on helping youth, and their families, find their personal strengths, work to facilitate change, stay at home, in school, and out of trouble

## **COST COMPARISON**

Program costs per youth see an **ROI of \$23.59** per \$1 spent, with up to **\$200k net benefit** per youth.



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